

# Chiropractor In Tampa FL Announces New Pain Treatment Option

Adam Webster February 24, 2014



Chiropractor Tampa FL

**Chiropractor in Tampa FL announced a new treatment for pain at Mane Center. Dr. Nelson Mañé, one of the best chiropractors in FL, says that Spinal Decompression Therapy is a promising new treatment for relief of many types of pain.**

([Newswire.net](http://Newswire.net) -- February 24, 2014) Tampa, FL -- Dr. Nelson Mañé has announced an additional pain treatment program that has been proving very effective at relieving pain without surgery.

## **The NEW Treatment for Lower Back Pain... Spinal Decompression**

Mañé Center for Non-Surgical Solutions offers the latest cutting edge technology in the non-surgical treatment of serious chronic lower back pain and sciatica. Our commitment to offering the highest quality of care resulted in the addition of the FDA cleared Spinal Decompression technology for the treatment of back pain due to:

- Back Pain
- Sciatica
- Herniated and/or bulging discs

Mañé Center for Non-Surgical Solutions are dedicated to improving the health and function of our patients. This is done by combining traditional chiropractic care with state-of-the-art technology to deliver an unprecedented level of service. Our results speak for themselves...

In the past, a patient suffering from disc problems usually was given pain medications, instructed to refrain from physical activities, referred for physical therapy, and when they weren't progressing they were sent for spinal surgery. Conservative chiropractic care proved very helpful in many cases, yet there have been some cases when surgery seemed to be the only other option... until now.

Today, one doesn't have to live with that pain anymore. Thanks to the concerted efforts of a team of top physicians and medical engineers, Spinal Decompression was developed to effectively treat lower back pain and sciatica resulting from herniated or deteriorated discs. Spinal Decompression not only significantly reduces back pain in many patients, but also enables the majority of patients to return to more active lifestyles.

## **What Is Non-surgical Spinal Decompression?**

Nonsurgical spinal decompression is a type of motorized traction that may help relieve pain. Spinal decompression works by gently stretching the spine. That changes the force and position of the spine. This will take pressure off the spinal disks between the bones in your spine.

There aren't many good chiropractors in Florida that specialize in this treatment. Those professionals, like Dr. Mañé, say that over time, negative pressure from this therapy may cause bulging or herniated disks to retract. This can help to take pressure off the nerves and other structures in your spine. In turn, this can promote movement of water, oxygen, and nutrient-rich fluids into the disks so they can heal.

The best [Chiropractors in FL](#) have used nonsurgical spinal decompression in an attempt to treat:

- - Back and neck pain or sciatica, which is pain, weakness, or tingling that extends down the leg;
- - Bulging or herniated disks or degenerative disk disease;
- - Worn spinal joints;
- - Injured or diseased spinal nerve roots

**Dr. Nelson Mañé D.C.** is board certified in chiropractic orthopedics and neurology. He has subspecialty training in childhood neurobehavioral disorders, electro diagnostics, vestibular disorders (balance problems) as well as training in functional medicine. He is one of the most experienced doctors using high power laser therapy. He is a DAN! Doctor (Defeat Autism Now). He has been featured on ABC, CBS, FOX, NBC, BAY News 9 as well as the autism documentary "Walking in the Dark; Finding the Light in Autism. Dr. Mane has also been interviewed for Spectrum Magazine, Tampa Tribune and Parenting Special Need Magazine. Patients seeking treatment at Mañé Center will discover they are receiving the highest quality of care, because our genuine interest is your well being.

Contact the best [chiropractor in tampa FL](#) at the Mane Center at **813-935-4744** to schedule an initial consultation with our Doctor to determine if you are a candidate for care with Spinal Decompression. After carefully studying your case history and exam findings, We will sit down and explain his recommended plan of action for you. After answering any questions you may have about the recommended plan, you may begin your care with Spinal Decompression. Visit <http://www.manecenter.com>

## Mane Center

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